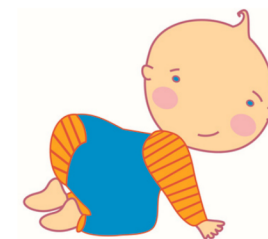




NURSERY

Sample Menu



	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Snack	Fresh Fruit	Toast	Cereal	Fresh Fruit & Yoghurt	Cereal
Lunch	Red Lentil Dahl Melon & Pineapple Sticks	Vegetable Sausage with homemade mashed potato, carrots & gravy Yoghurt	Spaghetti Bolognese Fresh Fruit	Fishcakes, Rice & Curry Sauce Bananas & Custard	Meat free chicken roast with fresh vegetables and gravy. Peaches & Ice-cream
Afternoon Snack	Cheese on Toast	Cheese & Crackers	Hummus with fresh carrot & cucumber sticks	Beans on Toast	Crumpets

Fresh Water is provided with all meals & children can request drinks throughout the day. On occasion they can help prepare the snacks.