

Level 2 Diploma in Complementary Therapies



The **Level 2 Diploma in Complementary Therapies** course is a great introduction to the world of complementary therapies and holistic health. You'll learn how the industry works, explore the principles behind various treatments and develop practical skills you can use in real therapy settings.

You'll cover topics such as:

- Anatomy and physiology
- Principles of complementary therapies
- Healthy eating
- Clinic services and business awareness
- Basic massage techniques

You'll also complete a range of recognised qualifications, including:

- Level 2 Award in Head Massage
- Level 2 Award in Facial Massage and Skincare
- Level 2 Award in Preventing Contact Dermatitis
- Level 2 Award in Skin Cancer Awareness
- Level 2 Award in Manicure Services
- Reflexology and Swedish Massage using oils

This course gives you the knowledge and confidence to take your next step into the wellbeing and therapy sector, whether through further study or employment.

Entry Requirements: A Level 2 English qualification is required.

Acceptance onto this course is subject to successful guidance interview & assessment test.

Assessment: A portfolio of work is to be submitted for moderation.

Awarding Body: VTCT, Aimawards

Progression Route: On completion of this course you may choose to undertake further study: qualifications you may wish to progression onto include Level 3 Diplomas in Complementary Therapies, Aromatherapy, Reflexology or Massage.