## Level 3 Diploma in Adult Care



The **Level 3 Diploma in Adult Care** is ideal for those already working in adult social care or looking to start a career in the sector. It helps you develop the skills, knowledge and confidence to support adults with a range of care needs in settings such as residential homes, day centres or within the community.

You will learn how to provide high-quality, person-centred care that promotes dignity, independence and wellbeing.

You will study skills such as:

- Understanding mental health conditions and how they affect individuals
- Supporting individuals' mental wellbeing
- Recognising abuse and knowing how to report concerns
- Promoting effective communication and equality in care
- Health and safety in care settings
- Supporting individuals with physical or learning disabilities

This course can help you grow in your current role or take the next step towards a more senior position in adult social care.

## **Entry Requirements:**

Acceptance onto this course is subject to successful guidance interview & assessment test

**Assessment:** A portfolio of work is to be submitted for moderation.

**Awarding Body: NCFE** 

**Progression Route:** The Level 3 Diploma in Adult Care qualifies you to work in a variety of care settings in roles such as Care Worker, Support Worker and Key Worker. You may also choose to undertake further study,







