## Level 3 Diploma in Adult Care



The **Level 3 Diploma in Adult Care** is ideal for those already working in adult social care or looking to start a career in the sector. It helps you develop the skills, knowledge and confidence to support adults with a range of care needs in settings such as residential homes, day centres or within the community.

You will learn how to provide high-quality, person-centred care that promotes dignity, independence and wellbeing.

You will study skills such as:

- Understanding mental health conditions and how they affect individuals
- Supporting individuals' mental wellbeing
- Recognising abuse and knowing how to report concerns
- Promoting effective communication and equality in care
- · Health and safety in care settings
- Supporting individuals with physical or learning disabilities

This course can help you grow in your current role or take the next step towards a more senior position in adult social care.

## **Entry Requirements:**

Acceptance onto this course is subject to successful guidance interview & assessment test

**Assessment:** A portfolio of work is to be submitted for moderation.

**Awarding Body: NCFE** 

**Progression Route:** This Access to Higher Education course gives you the academic qualifications to apply for University and opportunities for careers in nursing, midwifery, paramedic science, social care and more. It can also be used to gain entry into other applied social science degrees.







