

Level 4 Diploma in Complementary Therapies



The **Level 4 Diploma in Complementary Therapies** evening course is designed for practising holistic therapists who want to build on their existing skills and take the next step in their career. It develops your professional knowledge and confidence to work more independently or in clinical and specialist wellbeing settings.

You'll explore topics such as:

- In-depth study of body systems
- Pathology and how to recognise contraindications
- How to adapt treatments to meet individual client needs
- Professional standards and responsibilities in a clinical setting

The course is ideal for those looking to expand their therapy practice, offer more tailored treatments or take on greater responsibility within the complementary health sector – all while studying in a way that fits around work and life.

Entry Requirements: A Level 2 English qualification is required.

Acceptance onto this course is subject to successful guidance interview & assessment test.

Assessment: A portfolio of work is to be submitted for moderation.

Awarding Body: VTCT, Aimawards

Progression Route: After completing the Level 4 Diploma in Complementary Therapies, you'll have a range of exciting opportunities to develop your career or expand your practice. You could work in clinical settings, wellness centres, spas, or even start your own private practice. There are options to specialise further by studying areas such as sports therapy or holistic health practitioner courses. You might also choose to combine your complementary therapy skills with other fields like nutrition, fitness, counselling, or healthcare support.