BLACKBURNE HOUSE

Blackburne House Nursery
Sample Menu Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Snack	Cereal	Toast	Fresh Fruit	Cereal	Fresh Fruit
Lunch	Tuna or Tomato Pasta Yoghurt	Vegan Chicken Curry with Rice & Vegetables Fresh Fruit Platter	Vegan Sausage & Mash with Vegetables & Gravy Fresh Watermelon slices	Vegan Orzo Bake Yoghurt	Scouse Fresh Fruit Platter
Afternoon Snack	Houmous / Dips with Vegetable Sticks Fresh Fruit	Crackers with Grated Cheese Fresh Fruit	Crumpets Fresh Fruit	Cracker Bread Soft Cheese, Cucumber & Tomatoes Fresh Fruit	Children make fresh Pizzas & choose toppings Fresh Fruit



Fresh water is provided with all meals and throughout the day.
Fresh Fruit and water / milk is provided with every snack.
On occassion children can help prepare the snacks.

BLACKBURNE HOUSE

Blackburne House Nursery
Sample Menu Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Snack	Cereal	Toast	Fresh Fruit	Cereal	Fresh Fruit & Yoghurt
Lunch	Cheese Pie & Homemade Tomato Spaghetti Watermelon Fingers	Fish Fillets or Vegetable Fritter with Rice, Vegetables & Curry Sauce Fresh Fruit Platter	Baked Bean Hash with Breadcrumb topping Yoghurt	Homemade Flatbread Pizza with Salad and Carrot Sticks Honeydew Melon Slices	Toad in the Hole with Vegetables & Gravy Ice Cream / Frozen Natural Yoghurt
Afternoon Snack	Crumpets Fresh Fruit	Dips & Vegetable Sticks Fresh Fruit	Sandwiches wth assorted fillings Fresh Fruit	Potato Cakes Fresh Fruit	Tuna or Tomato Pasta Fresh Fruit



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On occassion children can help prepare the snacks.